



**2019 Saskatchewan WT Taekwondo
Sparring Camp
Moose Jaw, Sk.
Friday and Saturday March 29 and 30, 2019**



Sask WT Taekwondo is planning to offer the following educational opportunity for Taekwondo participants that can attend:

The main focus of the workshop camp will be sparring strategy and techniques required to be successful under the latest rules and sparring style. The participants that will benefit the most are the coaching instructors and black belt competitors. There will be chances to understand how to best score under both Daedo and KPNP systems.

The workshop will be open to all 13 year old blue belts and up. Please do not inquire about an exemption to minimum requirement of age and belt level. The proposed schedule is one session on Friday evening, two sessions on Saturday and one session Sunday morning.

A secondary opportunity is a dojang management and business management education workshop. The scheduling for this could either be on Saturday evening or Sunday morning. The instructors will need to indicate their preferences by March 7th in order to set the schedule so that the participants can plan for maximum attendance and experience.

The Saskatchewan participants will need to be SASK WT members in good standing. There will be a nominal early registration cost of \$20. The registration is on line at <http://sasktaekwondo.com/> The deadline for early registration is Friday March 22nd. Registration after that date will be \$40.

The workshop course conductor, Master Tommy Chang, and his assistant team have extensive experience. Here is a brief bio of the skills and knowledge that they possess.

Master Tommy Chang is:

- a 7th Dan KUKKIWON Certified Black Belt with 45 years training experience and 26 years teaching experience.
- the President of Black Belt World Canada with 15 locations serving thousands of students. He is known for his Management, Operational, Marketing and technical skills .
- the past Vice President of Taekwondo Canada and the Ontario Taekwondo association.
- an Actor, Trainer of stars , Producer ,Director ,Fight/ Stunt Coordinator involved with over 200 movies , commercials and TV series.
- was featured in the movie The Interview as the Presidential bodyguard and Recently on the Hit TV Series Kim's Convenience .
- last year he produced a Feature Film Queen of Morning Calm and Action TV series Warigami to be aired on CW Seed and CBC .
- is the Fight Coordinator and action designer for the TV Series Umbrella Academy on Netflix.
- follows traditional style of TKD and teaches TKD classes for kids and adults to improve themselves not only in self defence, strength, fitness, mental awareness but to maximize their full potential and to live a healthy life style .

Quote: *" I try my best and maintain my dignity to lead by example"*

A Business Seminar includes:

- Marketing
- Phone calls
- Email response
- Walk ins
- Trial Lessons
- Sign up
- Upgrade
- Renewal
- Teach Tiny Tigers 3-5 years old
- Children Class
- Family class
- Adult classes

Sparring seminar and workshop with

Master Hyeon Jun Pak

5th Dan KUKKIWON
Pro team Fighter with Ganghwa
Trained for over 25 years in the art of Kyrougi sparring
Competed at Korea National Team selection for over 10 years
National Team Of Korea
Trainer High School and Pro Team of Ganghwa
Trainer of current Korean National Team Members .

Master Chang Yeon Park

4th Dan Pro Team
Competed Korean Nationally for 10 years

Training session will include

1. Cardio
2. Core
3. Technical , including steps, kicking , covers, offense and defence, inside and outside game
4. How to use the electronic scoring system

The new rules changed the sparring techniques . The upcoming World Championship will definitely show how Much the game has changed .

We look forward to sharing the knowledge that works at the world stage .

Please refer to the video link below to see the athlete that our trainers has been working with in Blue at the 2019 Korean National Senior Team Trial Finals . Final score 43 -21

<https://youtu.be/2vuBvJc1mY>



**2019 Saskatchewan WT Taekwondo
Sparring Camp
Yorkton Sk.
Friday and Saturday March 29 and 30, 2019**



PLEASE PRINT CLEARLY IN BLOCK LETTERS

First Name		M.	Surname							
Address				City			Province	Postal Code		
Phone (123) 456-7890		Birthday mm/dd//yy		AGE	Sex	Height (cms) only		Weight (KG) only		
Hospitalization #				Additional Medical Insurance #						
Hospitalization Company name				Company Name						
Participantis:										
Coach	NCCP #	Dan	Experience	Local	Regional	National	International			
Athlete: Belt Colour	White	Half Yellow	Yellow	Orange	Green	Purple	Blue	Brown	Red	Black Stripe
Match Experience	Games	1-5		6 - 10		11 - 20		21 Plus		
Black Belt Match Experience	Dan:	1	2	3	4	5	6			
	Games as a Black belt:		Local:		Regional:		National:		International:	

STATEMENT OF WAIVER

I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the March 29 to 31, 2019 Sask Taekwondo Training Camp. I do hereby assume all responsibility for any and all damages, injuries or loss of personal possessions that I may sustain or incur, while attending or participating. I hereby waive all claims against Saskatchewan Sask WT Taekwondo Schools, Saskatchewan WTF Taekwondo Association, the promoters, sponsors, associations, facilitators, or other participants of said training camp individually or otherwise, for any damages, injuries, or losses that I may sustain or incur. I fully understand that any medical treatment given to me will be by a licensed Emergency Medical technician (EMT or Paramedic). I hereby give permission that in case of emergency (in the opinion of the EMT or EMT-P) that I may be transported to the hospital by ambulance for further treatment as a precautionary measure at my own cost.

Any pictures taken of me in connection with the tournament may be used for publicity, promotion or television thereto.

**Signature of Parent Guardian
If under 18 years of age**

Signature of Participant: Coach or Athlete

*** NOTE: Absolutely no participation by minors without Guardian's signature**

Dojang Name	City of Dojang	Master Instructors Name

Instructor's Name	Instructor's Signature

Office Use Only	Comp #			
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